



THE BULLETIN OF ROTARY CLUB OF MULUND HILLS

Udaan

FOR INTERNAL CIRCULATION ONLY
Volume 4, October 2025

Rotary
DISTRICT 3141



UNITE
FOR
GOOD
Rotary

LET'S
INSPIRE!

#rcmulundhills

rcmulundhills

Rtn. Dr. Francesco Arezzo
R I President

Rtn. Dr. Manish R. Motwani
Dist. Governor

Rtn. Varsha Kolhatkar
Club President

Rtn. Pravin Loke
Club Secretary

Rtn. Dr. Anoop Gupta
Club Editor

President's Message



Dear Fellow Rotarians,
Namaskar!

As we celebrate Education and Literacy Month in September and transition into Economic and Community Development Month in October, I want to take a moment to reflect on the remarkable work we've already accomplished and the exciting journey that lies ahead.

At RCMH, we believe in the continuity of our projects. We lay the foundation during the theme month, and then we continue to build on that progress in the months that follow. Our focus on Education and Literacy has been ongoing, and it will remain a priority as we move forward. The development of our students is critical for the future of our nation. After engaging with schools and app developers, we are now running projects in 5 schools, specifically targeting 10th-grade students. We are providing them with a study app to enhance their self-study efforts. With 70% of students not attending extra classes, this app has proven to be a vital tool in supporting their education.

What truly sets our club apart is the unique combination of enjoyment and social awareness among our members. Fellowship, dhamal, and masti are at the core of RCMH. Our recent Garba Night was a massive success, with over 50 members attending. I'd like to extend my heartfelt thanks to Rtn Kishor and Ann Kunjal Shah for their tremendous contributions.

The response to our Cruise Lakshadweep trip has been overwhelming, and this excitement will surely carry us into our Diwali Dhamaka Program, where fellowship will reach new heights.

We have always been at the forefront of supporting social causes. To date, we have successfully completed projects worth ¹ 2,81,000, and by the first week of October, we will have completed additional projects worth ¹ 23,375, thanks to the generous support of our members. Special mention goes to Rtn Dr. Paresh Thakkar, Rtn Adv. Harkishin Sharma, and Rtn Kishor Shah for their unwavering support.

Sports, a cause very dear to my heart, has also seen tremendous progress. I proposed co-sponsoring all district sports events, and I'm grateful to the Board of Directors for their full support. It's crucial that our members not only support these events but actively participate in both tournaments and practice sessions.

As President of this club, I am continually inspired by the passion and energy our members bring to every project, event, and initiative. The first quarter of my presidency has given me immense confidence that, together, we will achieve all our goals.

What more can I say than Hail RCMH!

Warm regards,
Varsha Kolhatkar

Projects in Month of September

07 Sept 2025

Annadan at raj roti centre. 115 persons were beneficiaries. Rtn Harkishin Sharma and ex Rtn Sandip Dikshit sponsored the project. They both and Director- non medical projects Rtn Kailash Satnekar were present with 3 rotectors.

12 Sept. 2025

Annamruta foundation - Mid day meal project run for school children. Project cost Rs. 184800/- Annadan to 168 of students in Pitru Paksha is a very noble cause for which entire RCMH supported. Project chair were Rtn Naresh and Rtn. Dr. Paresh Thakkar.

21 Sept 2025

The Bhagwat geeta and its marathi translation of geeta press donated by Dr. Paresh Thakkar. 52 were distributed at Vikrad gad hostel by Ann Anil Kolhatkar, Kokan region President Vishnuji Surumpersoanly remained present. Dr. Paresh Thakkar sponsored the project. Distribution is for Tribal students from 8th std. to college. Total 237 Geeta copies are in process of distribution.

24 Sept 2025

Manav foundation is a NGO working for rehabilitation and maintenance of schizophrenic and bipolar patients. We are provided them 2 Yoga chairs, 4 Yoga bricks, 3 Bowen Beds and Guitar for various therapies. Dr. Paresh Thakkar sponsored the entire amt. of Rs. 17000/- project cost is reduced to Rs. 16197/-

10 Sept Membership Seminar -

Rotary Discover-Connect-Join: A Membership Seminar

On September 7, 2025, Rotary Club of Mumbai Hill (RCMH) organized a membership seminar. Rtn. PP Shripal Daftary explained the concept: inviting friends, colleagues, and acquaintances to discover Rotary.

The Event

12 visitors arrived, despite heavy rain. The seminar began with the national anthem and President Varsha's welcome. The concept was explained by Project chair Shripal Daftary.

Speakers and Sessions

1. **PDG Rtn. Harjit Singh Talwar:** Spoke on "Rotary Membership - An Unique Privilege," highlighting fellowship, peace foundation, polio work, and the importance of wearing the Rotary pin. He shared examples and experiences, emphasizing the benefits of membership: fellowship, networking, service, and self-development. He explained that with privileges comes few responsibilities. He stated that every member has to invest 3 Ts- Time, Treasure and Talent.
2. **Rtn. Saurabh Sonawala:** Discussed networking through trust-building and introduced RMB and Rotary Verified Business.
3. **Rtn. PP Sanjay Dwivedi:** Presented RCMH's projects and expectations.

Interactive Sessions and Outcomes

Visitors introduced themselves, sharing their interests. The seminar concluded with a vote of thanks.

Acknowledgments

Thanks to Rtn. PP C.K. Suri for arranging lunch. Attendees included President Varsha, Director Membership Dr. D.L. Patil, Project Chair Shripal Daftary, Rtn. Sharat Jain, Rtn. Harkishin Sharma, Rtn. Vijay Narula, and Rt. Dr. Ayushi Bothra, Rtn T. S. Naresh. At least 6 guests expressed interest in joining RCMH.

20 Sept Garba Night

MEMBERSHIP DECLINE

Can I start with a rhetorical statement –

“IS ROTARY AS AN INSTITUTION HEADING TOWARDS EXTINCTION.

Remember when The Dinosaurs were alive no one would have dreamt that a creature so big and powerful could become extinct and could only be imagined looking at its dug-up skeletons.

Imagine a situation the ground underneath Sitara being dug up for redevelopment and you strike something that belonged to the Rotary Civilization. The excavation team arrives, find such memorabilia like lapel pins, trophies, plaques and of course that Gong and the Hammer, and to their surprise uncover the entire secrets of a flourishing organization that existed millennium back.

That this should never happen and by God's grace will never happen but the cracks are disturbing and only a qualified seismologist will be able to predict the Earthquake?

Well, most discussions in Rotary Clubs and conferences start with the birth history, followed by mutual recognition and Plaque exchanges and soon get lost in fellowship celebrations and the likes without touching the exposed raw nerve that is begging to be dressed- THE DWINDLING NUMBERS IN ROTARY!

Well for decades the Rotary Population has remained the same give and take a few. The Demography has stuck with the ageing population and the young however coaxed have come and gone like Interns in any organization - not impressed leave aside tempted.

For every member that joins (after promising the Moon) there is another walking out the door (God only knows why)? And the root cause for this downfall I feel are Rotarians – ourselves!!

Rotary intellectuals have been scratching their heads trying to find reason but have failed miserably and some of us optimists are waiting for AI to give an answer.

Can you believe the demographic shift, changing social norms or emergence of new social/service organizations can be reasons – I believe it is plain complacency.

Unaffordability, lack of time, uncooperative / demanding spouse, unruly – talkative members (sic), below standard cuisine, alcoholics and lack of mentorship, feeling left out-FOMO, not been given importance are few of them.

Can you believe many left because they did not get enough business from fellow Rotarians and why not after all, money is everything and Rotary has started to recognize and address this need.

One important reason to be explored is the inadequate preinduction counselling and we need to truly prime prospective members on the nature of the organization, its functioning, the need to attend meetings, participate in projects, be social, and familiarize one's family members to the Club so that there is no resistance from there. That the membership comes at a reasonable price has to be hammered, not only that, that money needs to be shelled out for every project, TRF and of course fellowship although fun is paid.

There is an event called Fire Side Meet that we organize, and as per new directives more often, for the benefit of new members wherein we call speakers of repute to acquaint you with Rotary. The biggest tragedy being that although the Speakers prepare hard, the host is ready with your favorites drinks and an elaborate meal is prepared to satiate you, we rarely find a new Rotarian attending.



Since we- the senior Rotarians are serious about the Institution, are passionate about its running and take pride in its eternity (already crossed a hundred years and going strong), and what's more can't think of life without it we like it to flourish. The Friday fellowship seems like Friday Namaz (prayer) and we are quite possessive about it.

We are almost about to give Rotary a university status and have set up assessment criteria like Membership Interest Survey, Diversity Assessment, Prospective assessment exercise and Retention Assessment with limited benefits till now!

The point to be noted is whenever a member resigns, we go into a phase of mourning, we analyze the possible reasons, try to find possible reasons, going to the extent of calling the person to remove doubts (EXIT SURVEY) and convince the person to join back- and we have succeeded occasionally.

Mentorship – this is one idea we thought would save the sinking ship, but then could anyone save the Titanic. Well, we tried making the new members sit next to the seasoned so that they could translate the difficult Rotary language into something more colloquial as the Respected President went about doing business in a foreign language with a high accent, but we failed. We even tried a young Secretary call them every Friday but to no avail, The only thing left to be tried was a shot gun but then we are Rotarians, we follow Gandhiji ahimsa policy. So we left it at that. The one thing we got right was we started collecting the entire year's dues at induction, so we were at least at peace for a year.

As a last resort we held a Membership Seminar, called speakers who could convince specially picked prospective guest/ invitees, lost a family Sunday, but then nothing has materialized yet.

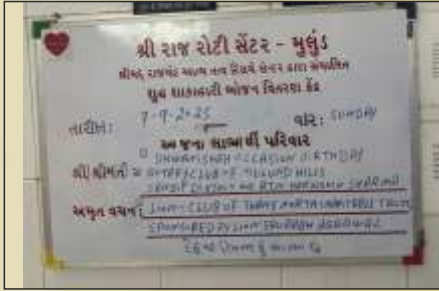
But then we are made of different metal and the search for new members will continue at the same time succeeding with locking the exit gates!!!!

Now we pride ourselves in the fact that whatever the numbers the ones present mix well, work hard, indulge in good community work, enjoy fellowship and have the families involved whenever needed.

Long live Rotary and let's grow in numbers and in strength.

Bulletin Editor- Dr Anoop

Annadaan Project

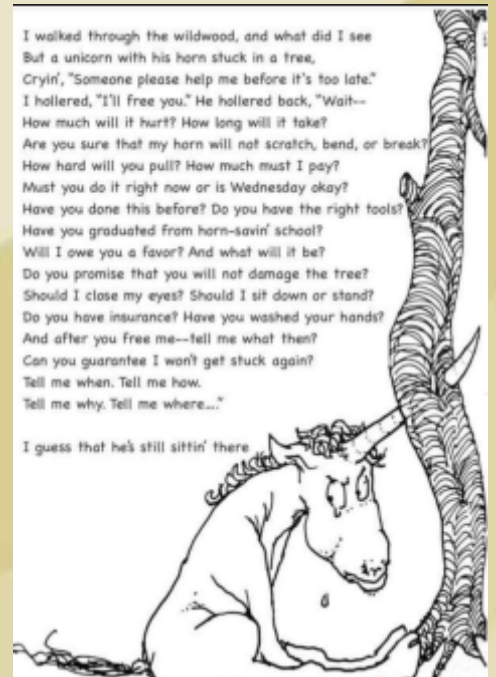


आने वाली पीढ़ी माँ के आंचल का सुख नहीं पायेगी..
क्योंकि जीन्स पहनने वाली माँ आंचल कहाँ से लाएगी।



पैसा आयेगा, चला जायेगा!
खुशिया आयेँगी, चली जायेँगी
एक मोटापा ही सच्चा दोस्त है
जो आकर जाता नहीं।

Membership Workshop



Manav Foundation and Standup Comedy





Narmada Parikrama



Narmada Parikrama - Speaker

Once a Bird asked a Bee:

After Continuous hard-work,
You prepare the honey,
but a Man Steals the honey,

Don't you feel sad?
Then the Bee replied:
Never Because a Man Can only Steal my
honey, Not the art of Making honey!



मैगी ही एक ऐसी *फीमेल* है...
जो *दो मिनट में तैयार* हो जाती है...

व्हाट्सएप भी मुर्गियों के *घोंसले* जैसे ही है,
बार बार *खोल* के देखना पड़ता है किसीने *अंडा* दिया तो नहीं!!

दिमाग एक ऐसा *अंग* है जिसको *गरम* कर सकते हैं
ठंडा भी कर सकते हैं
खा भी सकते हैं,
चाट भी सकते हैं *और*
दही भी बना सकते हैं!

जितनी *चादर लम्बी* हो उतना ही *पैर फैलाना* चाहिए
नहीं तो *मच्छर* काटते हैं

दीवार पर *लिखा* होता है
दीवार पर *लिखना* मना है।

चुटकुले

BOD and Garba Night



Garba Dhamaka 2025: A Night to Remember!

Our Rotary Club's Garba Dhamaka was a smashing hit! On September 20, 2025, we gathered at the Lodha Aristo Club House for an unforgettable night of fun, food, and festivities!

The Evening Unfolded...

We kicked off with a BOD meeting at 7 pm, followed by a thrilling Garba session that got everyone grooving!

Poolside dinner and chatter added to the excitement, with yummy starters, dosas, pulao, and desserts galore with alcohol flowing.

Awards and Cheers!

Special prizes went to Banhi and Foram for their dazzling dance moves!

Rtn. Gopalji and Ann Sudha picked the best-dressed men and women, with IPP Rajnibhai, Rtn.

Sanjay Dwivedi, and Rtn. Harkishan Sharma winning top honors! Sanika, Pravin Loke's niece, stole the show with her best-dressed and best-dancer prizes!

Rtn. Vijay Narula and Ann Saloni ji were the best-dressed couple, while Rtn. Lakshman Thakur won the best-dancer men prize! Best dancers were selected by Rtn. Sanjay and Ann Savita Dwivedi.

A Big Thank You!

Huge appreciation to Rtn. Kishor and Ann Kunjal Shah for hosting this fantastic event!

President Varsha felicitated our talented Rotaractors with a special cash prize.

What a night! We all Rotarians, Anns, Annets, Rotractors and guests, a strong group of more than 50 danced, laughed, and made memories to cherish!

Garbha Celebration

Special Family Meet ONAM



Vote of thanks by PP Narayan



Manav Foundation



Q = Why are there mostly 10 tablets in a strip of medicines?

A = Well, its an old tradition. It all began when Ravana started having a headache.

जिन औरतों के बैठने मात्र से ही सोफ़ा ६ इंच धँस जाता है...
वो *Status* लिख रही हैं –
“मुझे पलकों पे बैठा कर रखना.”

We are in the thick of a Loneliness Epidemic

And the irony is, we've
never been more connected.

Group chats every evening.

But no one tells you
they cried in the shower.

No one tells you they sat alone in silence for
dinner
fifth night in a row.

We were never built for
this much distance.

For centuries in India
Families lived under one roof.....your neighbors
knew
your name, you shared food and you shared
grief.
You borrowed sugar.
You didn't need to ask, "Can I come over ?"
You just did.

And then came the upgrade.

We moved into better houses.
Bigger salaries.
Smaller lives.

Emojis started substituting affection.
We replaced intimacy
with information.

Now everyone knows
where you are;
But no one knows
how you are.

We are lonely not because we lack people, but
because we've stopped showing our hearts.

I see it when friends text me
"All good" and then have a breakdown at 2am.

I see it in fathers who haven't hugged their sons
in years.

In daughters who fake laugh so their mothers
won't worry.

Even in love, loneliness hides.

You live with someone.
Share a home, Share a bed.
But the silence grows.
The touch fades.

The conversations reduce to logistics.

"Did you pay the bill ?"
"Did you order groceries ?"

You forget to ask,
"How's your heart ?"

We are raising a generation that knows how to
hustle, but not
how to hold each other.

And when someone breaks —
as they inevitably do —
we send them a playlist, or
a meme, or a quote.

But we forget to just sit with someone in
silence....
Without answers.
Without fixing.

We don't need more content.
We need more company.

Let's bring back slow conversations, soft hugs,
honest eyes, and
unapologetic warmth.

Let's bring back love.

Contributed by Vinay

Counterfactual Thinking

Have you noticed that a bronze medalist is generally more happy than a Silvermedalist at the end of game.

Its not incidental finding but proven fact in many research studies after studying reactions of silver medalists vs bronze medalists!

Ideally, silvermedalist should be more happy than bronze. But, human mind doesn't work like mathematics.

This happens because of phenomenon of Counterfactual thinking.

A concept in psychology in which there is human tendency to create possible alternatives to life events that have already happened, that would be contrary to what happened.

Silvermedalist thinks" oh I couldn't win the gold medal.

Bronze medalist thinks Atleast I got a medal

Silver medal is won after loosing but bronze medal is won after winning.

This happens Daily in our life also, we don't appreciate what we have but feel sad with what we don't have.

You might be thrilled over a 5% raise at work until you learn that your colleague down the hall earned a 10% raise.

Let's be grateful for our blessings, they far outweigh our problems only if we start counting.

Be grateful, don't indulge in the What If, be l and Stay Blessed forever.



Ann. Shri Anil Kolhatkar in Vikram fad hostel distributing the Bhagwat geeta to college students of hostel.



Monthly projects of October 2025

- Project 1:** Sparsh' - Safe Touch, Unsafe Touch: This project aims to educate students about safe and unsafe touch. It will be conducted in three sessions (11 am, 12:30 pm, and 1:15 pm) at Adarsh Vidyalay, Kurund, by Innerwheel club member and expert Ninu Mahal ji.
- Project 2:** Safe and Clean Periods: This project involves distributing sanitary napkins for one cycle to 210 girls, sponsored by Rtn. Ashish Kanodia and Ann Arati Kanodia.
- Project 3:** Ideal Study App: 66 students will receive individual codes to access the Ideal Study App, which is designed to support 10th standard students. Rtn. Amol Kamat will provide a demonstration.
- Project 4:** Ideal Study App for Suryarao Vidyalay, Padgha: 94 students from Suryarao Vidyalay, Padgha, will also receive access to the Ideal Study App.

5th Oct 2025

- i) Annadan at Rajroti center. Sponsored by Rtn. Harkishin Sharma and ex Rtn Sandip Dikshit
- ii) Cohosting and participation in District sports event. We have 3 team of doubles badminton, 1TT singles, 1 sudoku player, participating.

6th Oct. 2025

3 projects are lined up

The Mulund schools Shreenagar Vidya mandir, Pandurang school and Omega school projects of ideal study app distribution

- Rtn. Harkishin Sharma is sponsoring all five projects of ideal study app across five schools as a birthday gift (his birthday is on 3rd Oct) to the students as well in the capacity of District Chair for Basic Education and Literacy.

- 19th Oct. 2025

- Diwali Dhamaka hosted by Rtn. Dr. Anoop and Ann Dr. Shubhada Gupta

Club Programmes for October 2025

Date	Program
3 Oct	Dr. Apoorva Halbe undernourishment and development of products to address it.
10 Oct	Rtn Dr. Ayushi Bothra
17 Oct	No meeting
24 Oct	Know your Rotarian
31 Oct	Family meet Medha Deo my experience as producer of drama.



Happy Birthday



2 nd October	Annet. Dhairya Pankaj Aggrawal
3 rd October	Rtn. Harkishin Sharma
4 th October	Annet Raj Jitendra Parikh
5 th October	Annet Abhishek Chandrakant Parle
10 th October	Rtn. Vijay Narula
10 th October	Rtn. Chander Kant Suri
12 th October	Ann. Savita Sanjay Dwivedi
13 th October	Ann. Kavita Narsapur
15 th October	Annet Amrita Anoop Gupta
17 th October	Annet. Aarish Sengupta
22 th October	Rtn. Jayshree Bhagwat
23 rd October	Annet Ravi Pratap Lilani
25 th October	Annet. Divya Ramrakhiani
29 th October	Annet. Shreya T.S. Naresh
30 th October	Annet. Rahul Chirag Shah
	Rtn. Pravin Loke



Happy Wedding Anniversary

12th October Dr. Ayushi & Dr. Virat Bothra

Best Compliments from

Rtn. Ravindra L. Machhiya